

*Be the best we can, for ourselves, for others and for God*



## **HILDENBOROUGH CHURCH OF ENGLAND PRIMARY SCHOOL**

### **SEX EDUCATION POLICY**

**September 2016**

*Christian values underpin all that we do at Hildenborough CEP School. We feel it is important for both adults and children alike to understand that Christian values are based on God and the work of Jesus Christ. We believe that the understanding and application of Christian values strengthens the school community's spiritual development and this is reflected through daily deeds and actions. Core Christian values include hope, righteousness, love, and putting God first in our lives. As a school we have chosen the particular Christian values of love, honesty and courage to enhance the children's curriculum and daily school life.*

Last Reviewed	Sept 2016
Next Review Date	Sept 2017
Ratified by	FGB
Ratified on	May 2016
Lead Person	FGB
Category	Curriculum

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Reviewed - September 2016

## **HILDENBOROUGH C E P SCHOOL**

### **Sex Education Policy**

#### **Mission statement:**

To be the best we can be for ourselves, for others and for God.

#### **Overview:**

School provides sex education that is designed to include feelings and relationships. It is based on the DfEE guidance document 'Sex and Relationship Guidance' (ref DfEE 0116/2000)

In this document sex education is defined as 'learning about physical, moral and emotional development. It is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care'

Sex education is part of our Science and Personal, Social, Health and Education curriculum and is set within a Christian Framework.

#### **Aims:**

We teach the children in our care about:

- The development of their bodies as they grow into adults during puberty;
- Biological generalities as to the way animal and plants reproduce;
- The 'seven ages of man', including the growth of the human foetus from conception
- Respect for their own bodies and the importance of a healthy lifestyle
- The importance of long-term, and loving relationship;
- The importance of family life;
- Moral questions;
- Relationship issues;
- Respect for the views of other people;
- What they should do if they are worried about sexual matters.

#### **The following principles apply:**

- We understand that this area of the curriculum needs to be carefully approached and we will respectfully work together with parents to do all that is

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possible to back up the discussions they will probably already have had with their children.

- Wherever possible we will teach sex education through existing curriculum areas and programmes of study, including PSHE, science and PE, where we feel that these aspects can contribute significantly to a child's knowledge and understanding of his or her body, and how it is changing and developing.
- In keeping with our aim to be supportive and informative, we will always endeavour to answer the children's questions openly and honestly. However, if we feel these questions are taking us beyond our remit we will advise the children to talk to their parents. We will also notify parents that their children have been asking questions in order that they can be prepared.
- Parents of Year 6 children will be informed of when the Year 6 unit on Growing up is to take place. Parents will have the opportunity to view any pamphlets/booklets to be issued.
- All staff, through the guidance of the head teacher, will keep fully informed of the latest materials and advised approaches to the teaching of the subject.

**We provide for this through:**

- Following the guidance material in the National Scheme of work for Science and PSHE. In Key Stage 1 we teach about how animals, including humans, move, feed, grow and reproduce. We also teach them about the main parts of the body. Through PSHE the children learn to appreciate differences between people and how to show respect for each other. They also look at keeping healthy through learning about healthy eating and the importance of hygiene - for example, in PE they change into appropriate clothing.

In Key Stage 2 this work is developed and we teach about the life processes and the main stages of the human life cycle in greater depth.

In Year 5 we will liaise with the school nurse to talk to the girls about menstruation. Parents will be invited to view any materials or leaflets given out. Parents will be notified of when the talk will take place. If they wish to withdraw their daughter they may contact the head teacher soon after notification.

In Year 6 we place a particular emphasis on health education, as so many children experience puberty at this stage. We liaise with the Local Health Authority, and the school nurse is invited in to talk to the boys and girls about their body changes and the biological differences between male and female, how their bodies change during puberty, what menstruation is and how it affects women. The school nurse also speaks separately to the boys and girls for more specific aspects, (such as coping with menstruation for the girls.) A member of the school staff will be present and we will always have regard to the emotional development of the children.

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### **The role of the parents**

The school is well aware that the primary role in children's sex education lies with parents and carers. We wish to develop a positive and supporting role with the parents and carers. In promoting these objectives we:

- Inform parents about the school's sex education policy and practice;
- Answer any question that the parents may have about the sex education of their child;
- Take seriously any issues that the parents raise with governors or teachers about this policy or the arrangements for sex education in the school.

Parents have the right to withdraw their child from the Year 6 talks. If a parent wishes their child to be withdrawn they should discuss this with the Head teacher as soon as they receive notification that they will be taking place.

### **<sup>1</sup>Developing and reviewing this policy**

This policy has been formulated by the governors, Head teacher and staff of the school, in consultation with the all parents after a review of the existing policy.

This policy and necessary training will be reviewed annually, during term 1

Signed.....

Date.....

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<sup>1</sup> Word/office/common/school policies/sex education 2009