



HILDENBOROUGH CHURCH OF ENGLAND PRIMARY SCHOOL

To be the best we can be, for ourselves, for others and for God.

Wednesday 4th May 2016

Key Stage Two Yoga Club

Dear Parents/Carers,

I am delighted to be able to offer children in Key Stage Two the opportunity to practise Yoga in our new early morning club on Fridays at 08:30.

Over the course of the last term, Mrs Rugg and I have introduced Yoga to children across the school from Reception up to Year Six and found the response overwhelmingly positive. We are so appreciative of the PTA, who have very generously paid for a whole class set of Yoga mats for the school; these have already been put to good use in weekly lessons as part of PE and a hugely enjoyable Key Stage One 'Gold Morning', where children as young as four were practising yoga!

Places in the club are limited to thirty; we will notify children who have successfully gained a place by the end of this week. **The first class will be on Friday 13th May at 08:30** in the large hall. Children will need to come dressed in loose, comfortable clothes, such as leggings/baggy tracksuit bottoms and a t-shirt. They will of course need to change into their school uniform after the session for the remainder of the school day.

If your child would like to attend Yoga club, please sign and return the completed permission slip below at the earliest opportunity.

Many thanks,

Claire Palmer

Year 6 Class Teacher and UKS2 Phase Leader

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Key Stage Two Yoga Club, Fridays 08:30-09:00

Name of child.....

Class.....

I confirm that my child would like to attend Yoga Club on Fridays 08:30-09:00.

Signed.....

Date.....